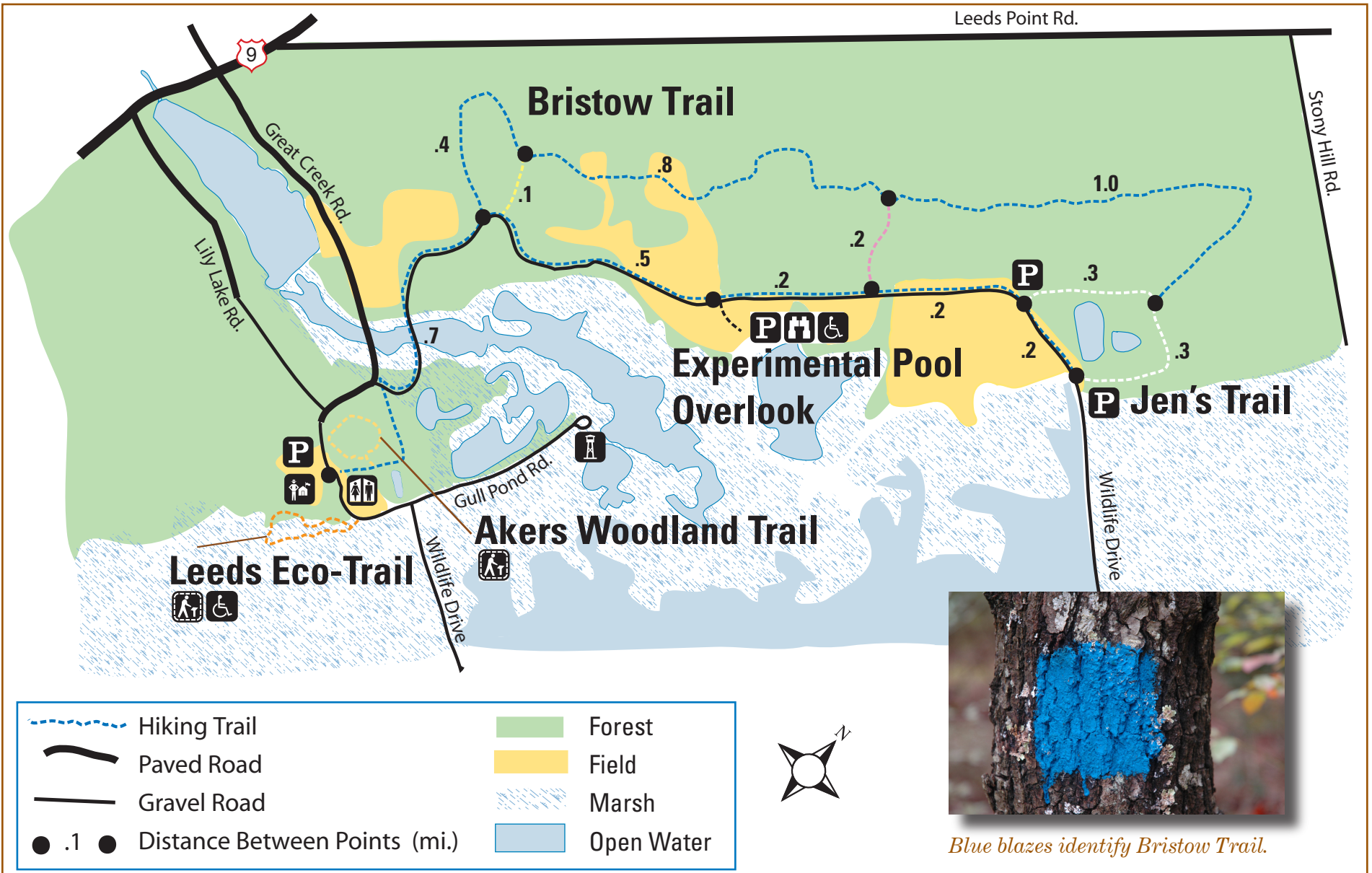




# Edwin B. Forsythe National Wildlife Refuge

## Hiking Trails Galloway





U.S. Fish & Wildlife Service

Edwin B. Forsythe *National Wildlife Refuge*

# Hiking Trails Galloway



Seth Putney

*View from Jen's Trail*

**Bristow Trail:** This 2.7 mile trail through a variety of upland habitats is an outstanding hike to view migratory songbirds. By returning along the Wildlife Drive, you can choose different loop options such as a 3.6 mile loop from Jen's Trail or a 5 mile loop from refuge headquarters. Follow the blue blazes to stay on the main trail or take shorter loops by following the yellow or pink blazed spur trails. Be alert for vehicles on the Wildlife Drive.

**Jen's Trail:** A .75 mile loop with a 35 foot elevation gain provides great views of the refuge and is a good place to see forest birds.

### Leeds Eco-Trail:

A scenic two-pronged trail over tidal salt marsh and through maritime forest offers you a chance to view "life on the edge" of these two interesting and diverse habitats. The upland portion is about a 0.25-mile (one way). There is also a 400 ft boardwalk over the marsh area.

**Akers Woodland Trail:** A .25 mile trail through native woodlands provides many seasonal opportunities to see migrating warblers.

**Please stay on the trails. Closed areas provide space for wildlife to rest and eat.**

**Ticks occur all year, and are most active during the warmer months. Some ticks may carry Lyme disease, known to be harmful to humans. Insect repellent and other safety precautions are recommended.**

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**In an emergency dial 911.**

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John Orlich

*Red-bellied Woodpecker*