
APPENDIX M: INJURED PERSONS ACTION PLAN: ON-ISLAND (DESECHEO)

This plan covers the procedures to be followed in the event of a person being injured on Desecheo Island during any part of the planned rat eradication operation where they will require evacuation

Human safety and welfare has priority over all other tasks.

Step 1 - Assess Incident:

1. Assess situation, ensure it is safe before responding.
2. Notify the Incident Commander who will nominate a response coordinator.
3. Alert the First Aid Responder (FAR). Convey to FAR:
 - a. Number of patients
 - b. Location of incident
 - c. Description of incident
 - d. Additional resources required
 - e. If the FAR cannot be reached, contact the secondary FAR and/or Safety Officer (SO) or ask a team member to dispatch FAR.
4. Put on PPE if appropriate.
5. Initiate life-saving measures to the injured person if required: Airway, Breathing, Circulation, Disability (spinal injury) – ABCD. Do not move injured person unless there is danger of further harm or exposure at the site.
6. If injuries are life threatening (problems with ABCD), proceed to Step 2.
7. If injuries are non-life threatening, but require stabilization,
 - a. Complete a head to toe exam
 - b. Take vital signs
 - c. Take SAMPLE history.
 - d. Compile a SOAP note (see below) and be prepared to relay this information to remote physician.
8. Protect patient from exposure.
9. Proceed to Step 2.

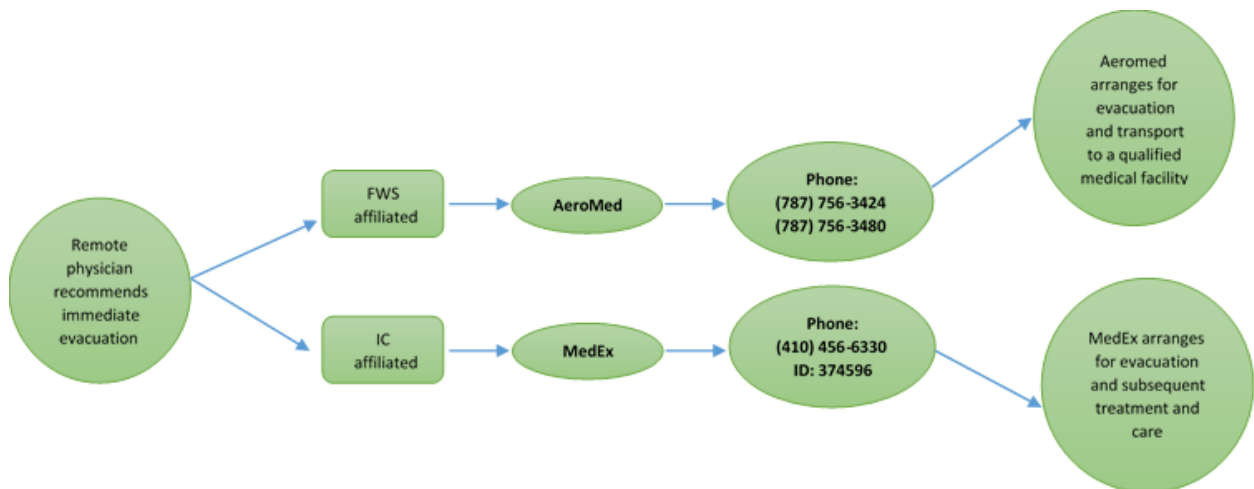
Step 2 - Stabilize Patient/s:

1. Contact a Remote Physician: **Remote Medical International +1 (206) 734-3430**
If necessary, arrange for a radio-telephone relay to communicate with physician.
2. Tell them you are in an emergency situation.
3. Provide them with the satellite phone number and the satellite network phone number **1-480-768-2500** in case the call is disconnected (**see note at end).
4. Give the physician the following information:
 - a. Emergency location: Desecheo Island, off Rincon, Puerto Rico (Lat 18°23'03"N, Long 67°28'46"W)
 - b. What the emergency is & how it happened.
 - c. SAMPLE history & vital signs.
 - d. Relevant medical history (obtained from FAR or SO).
5. Follow the physician's instructions as they walk you through patient stabilization.
6. If the physician recommends patient evacuation, continue to Step 3.

7. If not, continue to Step 4.

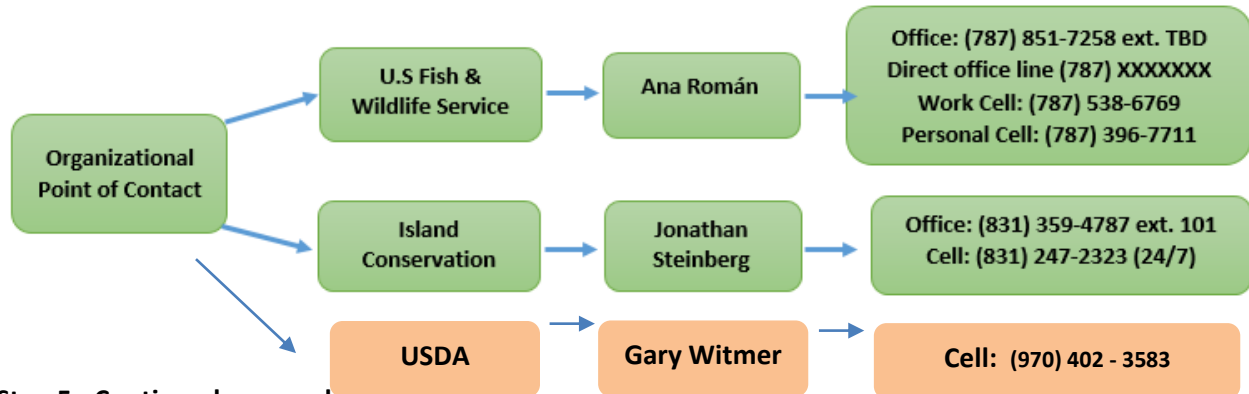
Step 3 - Initiate Evacuation

1. Use the chart below to select and contact an Evacuation Service, if recommended by physician.
2. Tell them you are in an emergency situation.
3. Provide them with the satellite phone number **8816-326-33587** and the satellite network phone number **1-480-768-2500** in case the call is disconnected (**see note at end).
 - a. Provide them with the following information:
 - i. Emergency location: Desecheo Island, off Rincon, Puerto Rico (Lat 18°23'03"N, Long 67°28'46"W)
 - ii. What the emergency is & how it happened.
 - iii. That you have been in contact with a Remote Physician Service and they advised an evacuation.
 - iv. Provide any further details given by physician relevant to the patient's condition and any relevant medical history.
4. Once evacuation has been initiated, proceed to Step 4.



Step 4 - Notify Point of Contact

1. Use chart below to identify organizational point of contact.
2. Describe the type of emergency, patient's name, current status and describe how the person was injured.
3. Inform them what measures have been taken to assure patient's well-being (contact with RMI/MedEx/AeroMed/Coast Guard, etc) and what the next steps are.
4. Once all arrangements have been made for further care, proceed to Step 5.



Step 5 - Continued care and reassessment

1. Continue to care for the patient as per the physician's advice.
2. Although the patient may be stabilized, periodically reassess the patient until the evacuation has taken place.'
3. Keep records of all actions with the patient as well as any observations- losing consciousness, mumbling, complaining about an injury as well as vital signs – provide these to the evacuation medical staff. .

NOTETo connect to a satellite phone:**

Using a cell phone to call the 12-digit number directly is often not possible (the cell phone provider won't allow it). Instead you can provide the emergency services with the **satellite network number** which can be called from a cell phone.

Dial the satellite network at 1-480-768-2500. A recording will answer "Welcome to the Iridium Satellite Global Network". **Enter the Iridium 12 digit satellite phone number 8816-326-33587**. If the Iridium Phone is not switched on, it will connect to voicemail. The originator will pay a long distance charge to Arizona and the Iridium Phone will be billed at \$1.99 per minute regardless of rate plan.

Wilderness First Responder SOAP Note

Name _____ Date _____

Location _____

Subjective/Summary/Story *(age, sex, chief complaint, OPQRST, MOI/HPI).*_____
_____Objective/Observations/Findings *(Describe position found. Describe injuries).*_____

Patient Exam _____

_____**Vital Signs**

Time _____

LOR _____

HR _____

RR _____

SCTM _____

BP _____

Pupils _____

Temp _____

History

Symptoms _____

Allergies _____

Medications _____

Pertinent Medical History _____

Last Intake/Output _____

Events recent _____

Assessment *(List Problems)* __________
_____**Plan** *(Plan for each problem)* __________
_____**Anticipated problems** __________
